



Joy!

"Wow, that is the most information I've ever learned in 45 minutes. Thank you!"

"She is great at providing techniques that speak to where you are, and where you want to go."

"We wanted a 'home run' speaker and that's what we got!"

"I know what I need to do, and you've given me tools to hold myself accountable."

"I've been to Joy's sessions before, and as I was driving to another of her sessions, I was stressed out in traffic, not wanting to be late, and knowing her peaceful, calm nature would be just what I needed!"



Joy Pecchia, CTC, CMNLP, CHTP speaker/facilitator/consultant/coach

Inspire, Motivate and Educate Your Audience!

Below is a list of the three most requested program topics provided by Joy.

Further descriptions for each topic are listed on the back. Additional topics are available based upon your needs.

Introduction to Mastering Influence

Living Wellness

Emotional Well Being in the Workplace

Joy Pecchia is the founder of Art of Joy, Inc. Joy combines her ever increasing understanding and knowledge of transformational psychology to inspire people and organizations to improve the quality of their lives and visions, and provide them with the tools and resources to support positive and lasting changes.

Joy is a speaker/facilitator/consultant/coach for corporations, and coaches clients worldwide for the Anthony Robbins Companies. She is certified in Coaching, Neuro Linguistic Psychology (NLP), Hypnotherapy, Healing Touch and Reiki.

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Introduction to Mastering Influence

The ability to influence another human being has always been one of the key factors of success in every occupation. You will learn how to integrate proven psychological tools that will help you better understand, influence and persuade others to ultimately achieve your most ambitious goals and objectives. This interactive session teaches the secrets of creating rapport, using the power of language, understanding the unconscious behaviors of your client and learning new, natural and powerful negotiation skills.

So if getting people to say "yes" is imperative to your success, the proven strategies of this unusual and highly effective approach to influence are essential for you to know.

Living Wellness

Successful companies understand that healthy employees make good business sense. This session provides the motivation, education and tools needed to make long-term lifestyle changes. You will learn the 10 steps to creating the health, energy and vitality you deserve! Your energy and vitality — your physical passion — starts at the most basic level: cellular health is your key to achieving every other dream you have. Science has proven these principles and accepted them as standard knowledge.

Remember, your physical health is the most important asset you possess. Congratulations on making the commitment to creating extraordinary physical health!

Emotional Well Being in the Workplace

The success of any organization depends on the performance of its people. People are both the greatest strength and the greatest weakness of a corporation. Performance is directly related to the emotional well being of each employee. Healthy emotions lead to higher productivity, creativity, better working relationships, fewer disability days, lower staff turnover and happier customers.

Our programs are intended to improve performance, profitability, creativity and success for both the corporation and the employee through improved emotional health. These sessions give your employees the chance to build knowledge on subjects relevant to their home and work lives. During these interactive sessions, employees will learn valuable skills from the facilitator while interacting with each other, with a focus on emotional wellbeing.

So live for your days on, not your days off! Go beyond the theories of emotional and social intelligence and make it real, powerful and meaningful for you. You know your life is working well when you personally experience a quality of living best described as emotional well being. This state reflects a way of engaging with the world centered on a fully developed sense of yourself, your values, strengths and goals. Understand the techniques of moving toward being all you can be rather than avoiding the negative emotions — real or imagined!



Partial Client List:

Allstate Insurance

Animal Ark

Anthony Robbins

Best Buy

C3 Teambuilding

Chocolat' Celeste

Creative Resources

Darcy Energy

Room & Board

Hilton Hotels

National Association
of Catering Executives

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