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# Joy Pecchia Speaker's Kit

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## *Inspire, Motivate and Educate Your Audience!*

Discover the systems Joy's clients use that accelerate them up the corporate ladder while they're also living their life! In business and as individuals, many leaders have more choices today than during any other time in history, yet with less direction. Lead your business effectively and efficiently so it thrives in any economic situation. We'll look at proven strategies, systems, and resources to make you and your business even more successful through innovative leadership strategies. Choose from the speaking topics listed below:

**Proven Strategies for Today's Advancing Leaders** – Overcoming the Obstacles to Success

**How to Maximize Your Career and Your Life** – Managing Your Business of Living

**Time = Freedom and Fulfillment** – Achieving the Results You Desire in Record Speed

**Title: Proven Strategies for Today's Advancing Leaders  
Overcoming the Inner Obstacles to Success**

*When training is combined with coaching, individuals increase their productivity by an average of 86% compared to 22% with training alone. (Internal report of the Personnel Management Association)*

**Description:** Leaders today are under enormous pressure to achieve positive results while simultaneously creating an excellent working climate and a sustainable business. The biggest roadblocks to business success are typically not the external obstacles like getting funding or hiring an effective team, but are more so about the inner obstacles that keep you stuck in the status quo. Practical, real-world solutions are shared during this presentation, which you will be able to implement immediately. Some of today's problems are addressed in this topic:

- Advancement – Feeling the pain of not moving forward
- Indecision leads to Hesitation which leads to Procrastination – You don't know how to chunk things down into simple steps *'Look for Simplicity inside of Complexity'*
- Fear of failure – I'll be a loser and my money/possessions could be taken away

You'll walk away with presentation strategies and a customized handout that includes:

- The Speed of Change
- Defining your Business Process – quick formula for getting clear on your real objectives and how to meet them in half the time
- 3 Ways to Grow a Business
- Leadership Disciplines You Must Master

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**Title:           How to Maximize Your Career and Your Life**  
**Managing Your Business of Living**

*Today's executives work hard: 60 percent of the senior executives toil more than 50 hours a week, and 10 percent more than 80 hours a week. (The McKinsey Quarterly)*

**Description:** As business professionals, we know that the strength of an organization depends on good leadership, strong practices and focused effort. Just as important, is the time and dedication you apply to your health, well-being and life success. This presentation has been designed to help you manage your business of living by eliminating the following issues and more:

- Overwhelm – You feel like you're crashing and this has negative effects on your health
- No Balanced Life – Your professional life has taken over
- Playing Political Games – These games are robbing you of your life

You'll walk away with presentation strategies and a customized handout that includes:

- Self Discovery Tools to Facilitate Greater Personal and Professional Awareness and Achievement.
- Setting and Measuring Success Goals Using a Proven System
- Applying Leadership Principles and Best Practices
- Leveraging the Power of Perspective – Key Tools for Laser Focus

**Title:           Time = Freedom and Fulfillment**

**Achieving the Results You Desire in Record Speed**

*44% of people report losing one hour or more per day in productivity due to stress. Another 37% report losing 15-30 minutes per day in productivity due to stress. Look around at the people you are working with. Those numbers indicate stress is affecting more than 80% of the workforce. (American Management Study)*

**Description:** Have you ever had the experience of working really hard at something, only to discover that your efforts didn't match the level of success you expected? What if you could consistently reach exceptional results along with an amazing level of personal fulfillment? The Speed to Advancement™ (STA™) System you will learn in this presentation will ensure that you achieve the results you truly desire in record speed. You will begin to master an innovative system for not only managing your time, but for managing all areas of your life. You will no longer be stuck in the problems of:

- NonProductivity and Inefficiency – Getting caught up in consistently working from a model that's not helping you be productive
- Lack of Focus – ADHD tendencies are preventing you from establishing laser focus

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- Time Management Issues – Telling the same old story about not having enough time, yet you do realize everyone has 24/7

You'll walk away with presentation strategies and a customized handout that includes:

- The Power of Focus and Vision
- The Secrets of Success
- Speed To Advancement™ (STA™) System - Your Five Key Steps to Planning

*Listed above are the most requested program topics provided by Joy. The length of each topic is from half hour presentations to two day workshops. Additional topics are available upon request.*

### **What Others Are Saying:**

*“Wow, that is the most information I've ever learned in 45 minutes, thank you!”*

*“She is great at providing techniques that speak to where you are and where you want to go.”*

*“We wanted a ‘home run’ speaker and that’s what we got!”*

*“I know what I need to do and you've given me tools to hold myself accountable.”*

*“I've been to Joy's sessions before, and as I was driving to another of her sessions, I was stressed out in traffic, not wanting to be late, and knowing her peaceful, calm nature would be just what I needed!”*

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## **Partial List of Clients:**

**Towers Watson** – Joy is an Executive Coach and leads **Professional Development Assessments, Coaching and Workshops** for CEO level and team associates.

**Hilton** - "Joy worked with our 4D Leadership team in a positive and proactive manner, supporting us through a highly efficient and effective **360 Degree Feedback Process** with individual and team goal setting in support of a proactive development process. Joy utilized a compelling, pragmatic and effective model for helping people in organizations grow, learn and enhance performance and effectiveness."

**Animal Ark** – Joy facilitated a 2 day seminar with more than sixty representatives from the humane community in Minnesota. They gathered for two intensive days of networking and strategic planning. Unlike more traditional strategic planning events, this summit used an approach known as **Appreciative Inquiry**. AI is known for working particularly well at building cohesive groups where extreme political or philosophical differences may have historically gotten in the way. "AI is based on the notion that we can create different outcomes by changing what we choose to focus on now," said Joy Pecchia, the facilitator of the event. "If we are busy focusing on what is working, our common goals and our strengths, we become energized and it becomes difficult to give attention to the issues that divide us."

**Subway** – This was a 2 day Manager Appreciation event held in Cancun. Joy led the team and their guests in a half day **Workshop on Work and Life Balance**.

**C.H. Robinson** – This was a four hour session as a part of a two day development program with their IT department. Joy facilitated a **Workshop on Mastering Influence As A Key Success Factor**.

**NACE** – Joy facilitated a half day **Workshop on Mastering Influence As A Key Success Factor** for the company's employees.

**Room and Board** – Joy facilitated two half day workshops for their employees on **EQ in the Workplace**.

*Note: Joy has also been a speaker and facilitator at various business networking events, retreats, peer coaching groups and expos.*

**Bio:** Since 2002 **Joy Pecchia** has been a Leadership and Executive Coach for Professionals and is the founder of Behind Boardroom Doors. She's devoted to empowering clients across the globe with exclusive, proven strategies and tools, including her Speed to Advancement™ System designed for the fastest advancing leaders in today's corporate world.

Joy's clients come to her to achieve their business goals, and ultimately, they get so much more by helping put their entire life in balance, as every aspect of life is intertwined.

Joy also has 20 years of executive experience leading small to mid-sized businesses, and holds certifications as a Coach, Master NLP Practitioner, and Hypnotherapist. Joy has also been one of Tony Robbins' Elite Coaches since 2003.

To learn more about Joy visit [www.JoyPecchia.com](http://www.JoyPecchia.com) or [www.BehindBoardroomDoors.com](http://www.BehindBoardroomDoors.com)